Hello All Bruin CC Staff, Athletes, Families and Fans,

I can't believe we dismissed everyone and concluded without covering the amazing performance put down by Ponderosa CC today. However celebrating three stellar seniors got me a bit emotional tonight so please read below for the exciting news to celebrate ! I hope you all knew that Varsity Girls took 2nd as a team and move onto next weeks section meet as a full team to race for a team state qualifier spot. We actually and the race winner with Senior Captain Emmy Angelo, and sophomore stud Sadi Angelo finishing second in the D3 race. The varsity boys were up next and did the same finishing with our senior Devin winning the race, and with his 6 other team mates scoring as the 2nd place team, locking down a section spot next week to race for state team qualification! Did you know that the next race Ponderosa was in we had the winner with Cameron Fechter taking 1st across the finish! Oh and the fourth race (3rd and last race we had a full Bruin team in) we had the first place finisher across the line belong to Ponderosa with Captain Austin Jones (10) leading the sophomore boys for the D3 WIN over all the other D3 Soph boys teams! Today wasn't just about first place finishes (as many of our varsity runners ran easy and had a race plan to hold back- we didn't need to go all out to qualify and move on) it was about the culmination of our 2026 CC season as a family! Thank you to all who helped and everyone that participated and took part with us! As soon as official results get posted to Atheltic.net and XCStats I will send out recap personal stat emails. We hope that ALL Bruin CC will be out to support us next Saturday in Folsom for the section meet! I will send out times and more details for Sections a bit later.

As the atheltes return home and have messages from their Bruin CC Family members please keep in mind this was our first year trying family messages @ the subsection meet. As anything goes there definitely could have been some tweaks for this activity. Just want you all to know as a staff we reflect often on our practices, plans, activities, events, meets, etc. and are always working to get better! I hope the majority of team / family messages followed the instructions of being kind, positive, and appreciative of one another. Although it sounds like much as we find with high schoolers we had some that didn't follow through with the coach instructions for this team building activity. I hope you all can understand.

I want to wish a Very HAPPY BIRTHDAY to our varsity runner, and new freshman on our team this year, Eva Beck!!! What a way to spend your birthday Eva! Congratulations on your post season qualification!

I hope this message finds all of you safely home! This update is being written on a bumpy bus ride home with a phone almost dead and an excited group of athletes I'm trying to keep u set control, lol!

I hope to see everyone next Saturday @ Willow Hills and again the evening of Nov. 18th for our end of season awards banquet!!! Please see our Atheltic.net calendar as we add details for both of these events, as well as the CC Update emails that will come for these exciting last Bruin CC Events!

Thank you to everyone for being part of this memorable day, I hope these are lifelong positive memories for these CC Bruins!

:) Coach Karen Norwood