Hello all PHS CC athletes, parents, and supporters!

Attached to this email is the itinerary schedule for this Friday's trip down to Fresno for the Rough Rider Invitational. It includes our leave time from PHS Friday morning (7:20am!) as well as our planned pit stops, lunch stops, race times, and estimated departure for late night arrival back to Pondo. Linked on the itinerary you are able to view our transportation sheet for this meet and race families & race times. **PLEASE PLAN TO STICK TO THIS ITINERARY** as this is what was approved by the school and all student-athletes MUST adhere to this plan. If you have special dietary needs please pack / plan accordingly as we will only have time for the pit stops and places listed.

Please let me know if there are any changes, questions, or concerns as we approach Friday!

HERE is the link to our itinerary

Best,

Coach N.