

Hello All PHS T&F Staff, Athletes, Families and Fans,

WE ARE MISSING A PAIR OF BEDAZZELED BLUE Nike SPIKES in a white Nike Spike bag. PLEASE check your gear Emma Maxwell NEEDS these for tomorrow and the THREE EVENTS she qualified in! She had them @ team camp on Friday but somehow accidentally picked up another spike bag that ended up being someone else spikes! BRING to classroom P-1 tomorrow before 11am PLEASE!!!!!!

We hope as many Bruins as possible can join us tomorrow to cheer on the 57 Bruin T&F Athletes competing tomorrow @ Vista!

**The following Bruin T&F Athletes are scheduled to compete Tuesday 5/12 @ Vista Del Lago:**

**Students out of class @ 10:15 Captains / 10:30 all others / Bus depart @ 11:15 / Bus depart Vista for retrun to Pondo 9pm.**

\* Not riding the bus and will meet us @ Vista (various reasons; needing to stay in class, not competing until much later, needing to leave right after their event and thus have their own transportation home, etc.) Pink highlight after thier name tells their out of class time needed.

Cheyenne Jones - Pole Vault / High Jump / Discus / Shot Put

River Coppa - Pole Vault / High Jump

\*Taven Skinner - ~~High Jump~~ / 4x400 After school

\*Will Baldwin - High Jump @ 11:30

\*Izzy Paepke - High Jump @ 12:30

Laura Anthes - High Jump

Bailey Suetta - Long Jump / 100m

Makyala Murray - Long Jump / 100m

\*Madisun Melgoza - Long Jump @12:30

\*Mason Yoast - Long Jump / Triple Jump @ 11:30

Jax Mieke - Long Jump / Triple Jump / 4x400

\*Emma Maxwell - Triple Jump / 100 High Hurdles / 300 Hurdles @ 2:30

Olivia Novelo - Discus / Shot Put

Braysen Tapp - Shot Put

Michael Zizek - Shot Put

\*Emery Sweet - Shot Put @ 3:00

\*Sadi Angelo - ~~4x800~~ / 3200m\* / 1600m (Saturday 5/16) After school

Emmy Angelo - 4x800 / 3200m\* / 1600m (Saturday 5/16)

Ainsley Allen - 4x800

\*Alex Grunder - 4x800 @ 2pm

~~Avery Wilson - 4x800 alternate~~

Lilly Erwin - 4x800 alternate

\*Braden Himley - ~~4x800~~ / 3200m\* / 1600m (Saturday 5/16) After school

\*Weston Lauer - ~~4x800~~ / 800m After school

\*Colby Woodward - ~~4x800~~ / 3200m\* / 1600 (Saturday 5/16) After school

\*Grady Morris - ~~4x800~~ / 800m After school

\*Jacob Arthur ~~4x800~~ alternate / 3200m\* / 1600m (Saturday 5/16) After school

Lucas Wynn - 4x100

\*Ethan Hamersley - 4x100 @ 2:45

\*Kolby Graves - 4x100 / 100m @ 2:45

Miles Hansen - 4x100 / 400m / 4x400m

\*Ben Deagle - 4x100m alternate / 100m/ 4x400m After school

\*Adam Kowleski - 4x100m alternate After school

\*Josh Gonzaga - 4x100m alternate After school

\*Emma Judi - 100 Hurdles After school

Mabel Best 100 Hurdles

\*Calvin Lea - 100 Hurdles / 300 Hurdles After school

\*Kaleb Jenkins - 300 Hurdles After school

\*Maile Clemons - 200m After school

Dusty Smith - 3200m

\*Tristan Patterson - 4x400m alternate After school

**Qualified D2 Unified Athletes:**

Kennedy Mauer

Jaxson Subia

Rhys Romanowski

Andy Marty

Cameron Craig

\*Seth Jordan (Coach Wascher to arrange as he will be coming from a fieldtrip)

**Unified Partners for Unified Events:**

Added to the list by Wascher today @ end of practice.

Captain Gavin Scowcroft

Captain Caiden Prentice

\*Brandon Ragan @ 1:30pm

\*Shea Sonnenberg @ Noon

Cameron Price

Reece Craig

Caden Baltao

Chase Shalz

Michael Zizek

Kaityln Storck

Peyton Macdonald

\*Cynthia Hernandez @ 3:00