

Hello All PHS T&F Families,

I wanted to remind all of our Bruin T&F Families that next Wednesday 4/22 is our LAST and FINAL home meet of the season! Thus it is also the last chance to log the mandatory 4 hours of volunteer time this season by each family. Given that it is also our Senior Celebration Night we are hopeful to have enough help so the meet can run smoothly and efficiently allowing us to honor our seniors in a timely manner that evening. Please consider volunteering if you can as we would really appreciate continuing the tradition of hosting great T&F Meets but we need help to do it! [Here is the link to sign up and volunteer!](#)

THANK YOU!

Coach Karen Norwood