

Hello All PHS T&F Staff, Athletes, Parents, Families, and Fans,

Friday, tomorrow, is wear NEON to school and practice!

I wanted to let everyone know to PLEASE take hot coca OFF of our wish list, we are all set for the season! However, we definitely could use the other items; Gatorade 20oz size, Body Armour 20oz size, cases of Cup O'Noodles, Costco Hot Dogs 36 count (3 packs of 12), and Hot dog buns.

We are only 10 days away from our 1st Track & Field Meet of the Season and it is our HOME, annual RON RUPTIER INVITE! We are all super excited, please stay tuned for more details coming out over the next 10 days!

Looking forward to seeing the parents that did NOT attend our first mandatory parent meeting this evening @ 5pm in classroom P-1!

:) Coach Norwood