

# Clovis Rough Rider Invite

## Host Site: Woodward Park

### Date: Friday, October 17th, 2025

**Woodward Park Address:** 7775 N Friant Rd, Fresno, CA 93720

★ Team out of class ALL DAY FRIDAY. [Departing PHS student lot](#) @ 8am (see [itinerary](#)).

Race families this week are Frosh/Soph Boys, Varsity Girls, and Varsity Boys.

## Races:

1. 2:00 pm Small School Frosh/Soph Boys, 2 Miles (Lunch by 11:00, Warm up by 1:20, On the line 1:50)
2. 4:00 pm Small School Varsity Girls, 5K (Lunch by 1:00, Warm up by 3:20, On the line 3:50)
3. 4:30 pm Small School Varsity Boys, 5K (Lunch by 1:30, Warm up by 3:50, On the line 4:20)

## Race Families

F/S Boys 2:00pm 2 Miles	Varsity Girls 4:00pm 5K	Varsity Boys 4:30pm 5K
Weston Lauer (10)	Emmy Angelo (11)	Braden Himley (12)
Austin Jones (9)	Sadi Angelo (9)	Grady Morris (12)
Drew Drinon (9)	Alex Grunder (9)	Devin Maldonado (11)
Michael Alvarez-Romero (9)	Mabel Best (9)	Colby Woodward (12)
Liam Trifiro (10)	Avery Wilson (9)	Gavin Scowcroft (11)
Landon Bordenave (9)	Lilli Erwin (10)	Jacob Arthur (10)
Mason Chafer (9)	Shauna Roberts (12)	Owen Jenkins (10)
Wilcken Scott (9)	Emma Judi (11)	Jake Judi (9)
Jackson Gilbert (10)	Monika Alvarez-Romero (12)	Dusty Smith (10)
Logan Scowcroft (9)	Maddie Mills (9)	Caleb Huckell-Savage (11)

- Have plans arranged with your Friday teachers for getting work turned in.
- HYDRATE!** Bring plenty of water with you.
- FUEL PROPERLY...**plan your food with when you race, pack enough.
- Bring your warm-ups, t-shirt, and shorts with your uniform, shoes, and socks.
- Bring a change of clothes for the ride home - don't want to sit in your sweaty tank!
- Bring \$\$ for a pit stop snack & meet shirts/merch if you want it!
- My Thursday race goal time is \_\_\_\_:\_\_\_\_, which is a \_\_\_\_:\_\_\_\_ pace per mile.
- What I will focus on Saturday during the race: \_\_\_\_\_.